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**MEDICAL HISTORY**

Date \_\_\_\_\_  
 Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_  
 Email \_\_\_\_\_  
 Current Medications: \_\_\_\_\_  
 \_\_\_\_\_

Medication Allergy: \_\_\_\_\_

Food Allergy: \_\_\_\_\_

Latex Allergy: Yes or No

Surgical History: \_\_\_\_\_ Date: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Social History:  
 Tobacco \_\_\_\_\_  
 Alcohol (#Drinks per week): \_\_\_\_\_  
 Alcohol: \_\_\_\_\_  
 Recreational Drugs: \_\_\_\_\_

Women's Health History:  
 Date of last menstrual period: \_\_\_\_\_  
 Age of 1<sup>st</sup> period: \_\_\_\_\_  
 Frequency of period: \_\_\_\_\_  
 Days of Flow: \_\_\_\_\_  
 Flow: mild, moderate, heavy  
 PMS: Yes / No \_\_\_\_\_  
 Age of menopause: \_\_\_\_\_  
 # of Years breastfeeding: \_\_\_\_\_  
 Date of Last Pap Test: \_\_\_\_\_  
 Abnormal Pap Test: Yes / No  
 History of sexually transmitted diseases: Yes / No  
 Breast Lumps/Disease: Yes / No  
 Last Mammography: \_\_\_\_\_

Obstetrical History:  
 # of Pregnancies: \_\_\_\_\_  
 # of Births: \_\_\_\_\_  
 # of Miscarriages: \_\_\_\_\_  
 # of Abortions: \_\_\_\_\_  
 # of Vaginal Births: \_\_\_\_\_  
 # of Cesarean births: \_\_\_\_\_  
 # VBAC's: \_\_\_\_\_

Check the following that apply:  
 Pre-eclampsia  
 Preterm delivery  
 Elevated Blood Pressure  
 Episiotomy, 3<sup>rd</sup> or 4<sup>th</sup> Degree Laceration  
 Gestational diabetes  
 Postpartum hemorrhage  
 Postpartum depression

Neurological  
 Migraines/frequent headaches  
 Concussion/head injury  
 Dizziness/fainting  
 ADD/ADHD  
 Seizures/Epilepsy  
 Other \_\_\_\_\_  
 Denies all the above

Eyes  
 Eye injury/Disease  
 Blindness  
 Other \_\_\_\_\_  
 Denies all the above

Ear, Nose, Throat  
 Seasonal allergies  
 Hearing loss/deafness  
 Frequent ear infections  
 Sinus infections  
 Denies all the above



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#### Lungs

- Asthma
- Exercise-induced asthma
- Other \_\_\_\_\_
- Denies all the above

#### Cardiovascular

- High blood pressure
- High cholesterol
- Heart murmur
- History of palpitations
- Other \_\_\_\_\_
- Denies all the above

#### Gastrointestinal

- Irritable bowel disease/Colitis
- Gallbladder disease
- Hemorrhoids
- Hernia
- Other \_\_\_\_\_
- Denies all the above

#### Endocrine

- Diabetes
- Thyroid Disease
- Other \_\_\_\_\_
- Denies all the above

#### Genitourinary

- Urinary tract infections
- Kidney stones/disease
- Other \_\_\_\_\_
- Denies all the above

#### Musculoskeletal

- Arthritis
- Bone Fractures
- Back/Disk problems
- Scoliosis

- Other \_\_\_\_\_
- Denies all the above

#### Infections

- Chicken Pox – disease or vaccine
- Lyme's disease
- Cold sores
- Mononucleosis
- Positive TB skin test
- Other \_\_\_\_\_
- Denies all the above

#### Blood Disorders

- Anemia/thalassemia
- Sickle cell trait/disease
- Clotting Disorder
- Other \_\_\_\_\_
- Denies all the above

#### Mental Health

- Eating disorder
- Anxiety
- Depression
- Suicide attempt
- Other \_\_\_\_\_
- Denies all the above

#### Family History

- Heart Disease \_\_\_\_\_
- Neurological/Epilepsy \_\_\_\_\_
- Asthma/Tuberculosis \_\_\_\_\_
- Bleeding Disorders \_\_\_\_\_
- Hepatitis/Liver Disease \_\_\_\_\_
- Kidney Disease \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Thyroid Disease \_\_\_\_\_
- Gestational Diabetes \_\_\_\_\_
- Autoimmune Disorders \_\_\_\_\_
- Cancer \_\_\_\_\_