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Dear Patient:

We welcome you to our practice of midwifery. We are pleased you have chosen midwifery care during your pregnancy. In caring for patients over the years we have developed some guidelines of which you should be aware.

During your pregnancy we will be performing some standard tests to ensure your well-being and that of your baby. We will discuss these at your first prenatal visit. If you opt to decline any of these tests, we will discuss with you the risks and benefits of not having testing. We will also document that you have waived such testing at your own risk.

Most pregnancies and deliveries proceed normally and do not require physician intervention. However, there are times when a patient or her baby may develop problems that are mildly or severely out of the realm of "normal". We maintain a set of protocols within our practice to ensure that these problems are properly attended to. We work closely with our collaborative physicians: One to One Female Care, David Garfinkel, MD, Lakshmi Rana Laguduva, M.D. and Patricia Convery, M.D. This may mean that your concept of birth may require some flexibility and adaptation. We believe you need to be aware of this prior to labor and/or delivery. These problems may include but are not limited to: high blood pressure, gestational diabetes, fetal distress, poor testing results, or a pregnancy that has exceeded your expected due date. These complications of pregnancy may require one or more visits with one of our collaborative physicians. This collaborative team approach allows you and your baby the best possible care. We are highly concerned about your individual needs and safety as a client.

Again, we welcome you to our practice and hope that you feel free to ask any questions or concerns you may have.

Sincerely,

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